

The Northern Regional Forum





ACDSSS : Agra Catholic Diocese Samaj Seva Sanstha

AIDS : Acquired Immune Deficiency Syndrome

ANM : Auxiliary Nurse Midwife

ASHA : Accredited Social Health Activist

BDSSC : Bareilly Diocesan Social Service Centre
DDWS : Diocesan Development & Welfare Society

DOVSWS : Diocese of Varanasi Social Welfare Society

DSWS : Diocesan Social Work Society

HIV : Human Immunodeficiency Virus

IEC : Information Education and Communication

JCSS : Jhansi Catholic Seva Samaj

JSKS : Jeevandhara Samaj Kalyan Sanstha

PGSS : Purvanchal Gramin Seva Samiti

KSSS : Karuna Social Service Society

MSS : Meerut Seva Samaj

PLA : People Led Aproach

PLWD : People Living with Disability

PRI : Panchayati Raj Institution

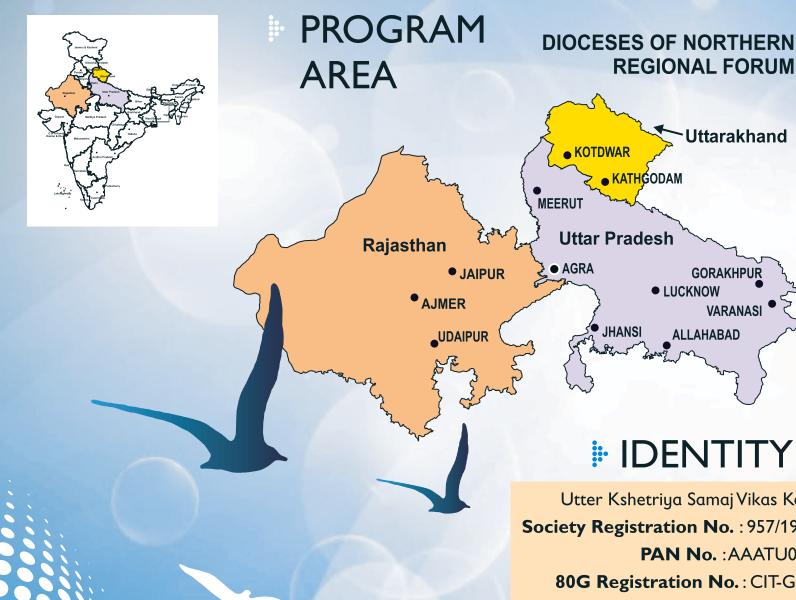
RCDSSS : Roman Catholic Diocesan Social Service Society

SJVS : Sampurna Jeevan Vikas Samiti

TT : Tetanus Toxoid

UKSVK : Uttar Kshetriya Samaj Vikas Kendra





UKSVK implements its Social **Development** and **Capacity Building Programs** in the Northern Region (Uttar Pradesh, Uttarakhand and Rajasthan) of India through its twelve

diocesan partners.

Utter Kshetriya Samaj Vikas Kendra (UKSVK)

Society Registration No.: 957/1988-89 Dt. 9-12-1988

PAN No.: AAATU0253F

80G Registration No.: CIT-GZB/2011-12/718

12A Registration No.: 16/GZB/88-89

FCRA No.: 136210063

Darpan Unique ID: UP/2017/0169383



Dynamics of Integral Human Development

Integral Human Development" comprises all aspects of human life, activities, organizations, institutions, associations and interaction. The foundation of all these is the right form of education and basic human culture. Achievements in arts, music and development of talents, proficiencies, abilities, sports and games do form the components of integral human development. Advancement in Technology. Science and Media Communications have direct influence on human society. Politics, business, economics, travel and tourism are the aspect human engagements. Environmental awareness and preservation of the earth are the serious concerns of are society.

Social awareness, social action, social change and transformation boil down to the well - being of the individual human persons, organizations, associations, institutions and structures. To bring persons together, to build up bridges of unity, integrity, fellowships and union of human persons on the foundation of common principles of justice, equality, fraternity and peace is a mission. Our society is made of the mosaic of cultures, languages, tribes, class, caste, religions and people. Uttar Kshetriya Samaj Vikas Kendra has built up a tradition of inspiring, motivating, quiding, developing, ennobling and empowering people of different walks of life, through its activities, projects and programmes of human development. In the context of our region, an integral approach to issues is the challenge the Regional Forum faces. The challenges are caste and class differences and divisions, economic poverty, rampant corruption, immorality, and absence of ethics in business, deviated principles of politics and failing civic sense. UKSVK sets its goal towards restoration of justice and peace, and integration of creation. It strives to refound the principles of dignity of the human person, belief in the supernatural, priority of religion, ethics, morality, culture and thus building up a holistic sense of humanity on the principles of the kingdom of God. The UKSVK upholds the principles enshrined in our democratic Constitution.

Rev. Fr. Antony Fernandes, the Executive Director with his able staff and with active collaboration of partner members has raised the banner of the Forum higher.

On behalf of the Bishops of the Region, I register a sense of appreciation and I seek God's blessings on all who make UKSVK shine. I wish the Forum further success. May the light of justice, peace and well bless-being shine on all.

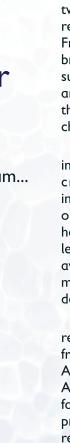
God bless.





†Albert D'souza Archbishop of Agra People do not lose their dignity because of disability, poverty, age, or race

Desk of the Forum...



'All people are sacred, made in the image and likeness of God. People do not lose their dignity because of disability, poverty, age, lack of success, or race. The emphasis is on people over things, being over having...' is one of the catholic principles on which the development works in the region of the northern part of our country are being carried out by UKSVK, Agra for the last three decades. The passionate partnership of the twelve diocesan social work societies of our region responding to the invitation of Pope Francis - changing our world together by bringing the whole human family 'to seek a sustainable and integral development' (LS 13), and no one should be left behind in the process- is the motivating force to deal with the uphill challenges.

It is through participatory community interactions and trust building dialogues that we created situations favourable for the interventions to bear fruit in the rural areas of our region. Increasing 'Stay in School' concept has been promoted through the peer-to-peer learning model, wherein the adolescents build the awareness of their counterparts on health, early marriage and other issues through role plays and debates.

Girls are trained in sexual and reproductive health and hygiene by public health frontline workers (Accredited Social Health Activists/Auxiliary Nurse-Midwife and Anganwadi workers), identified as Health Sakhis, facilitated community outreach for vaccination programmes, thereby strengthening working relationship with frontline health workers, are now pursuing careers in community health care towards a healthy society.

Sex education and awareness of HIV/AIDS is imparted under the health initiative

sensitized community for creating a discrimination-free environment for HIV positive people by ousting the myths surrounding co-habitation and socialisation with them, besides educating them on symptoms, causes, treatment and precautions.

Adolescent girls of Jhansi were conferred the title of 'POWER ANGELS' for their knowledge on women's empowerment and legal safeguards, by the Station Officer of Gursarai. Issued special identification cards, these change agents from the villages have been given direct access to the police stations to bring untoward incidents to Police notice and have them registered.

The results have been significant and encouraging, in the form of girls facilitating and participating in community actions, becoming messengers of women's empowerment, and becoming economically secure. This report encapsulates the key processes and accomplishments of the financial year 2017 – 2018.

Thanks to amazing supporters like you, we're ever encouraged each year to achieve our ambitions. We're forging key partnerships, piloting innovative action plans, advocating best strategies, showcasing the best practices — and together, achieving remarkable results. As we are transforming their lives and their future, we invite you to take this opportunity to review the impact on people you have helped. This document also demonstrates to you how effectively we stewarded the significant resources required to achieve them. And we ask for your continued support of our shared cause.







₱ 998 girls

were covered under legal literacy and advocacy campaign. Empowered

them to influence for development works in the

PRI members.

• 988 girls received orientation on leadership, women's legal rights and safeguards against domestic violence; facilitated by police department.

* 7360 members federated into adolescent girls' collectives for learning life skills of sharing and solving problems jointly.



238 school dropout girls opted for computer course.



15% girls
of 480 earning upto
Rs. 1000

through home based sewing, who underwent advanced sewing courses.



* 1519 girls
realized benefits under the
Rashtriya Kishor
Swasthya Karyakram
(RKSK) scheme, with around
150 girls receiving
sanitary pads by the
health workers.



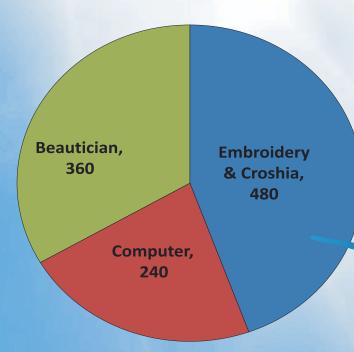


meetings conducted between parents and teachers to develop dialogue and sensitization on issues relating to girl child education and drop-out.

Behavior
Change
activities conducted with
1410 boys to
sensitize them on
equality and dignity
of women in
the society.

* 1010 girls and their families received personalized counselling against early marriage and impacts of pre-mature children.

BASIC AND ADVANCE VOCATIONAL TRAININGS



No. of Participants

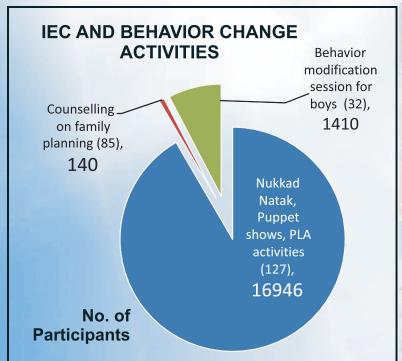


NETWORKING & INTERPHASE AT COMMUNITY LEVEL

With
Teachers, Parents
& Students (22
sessions),
1259

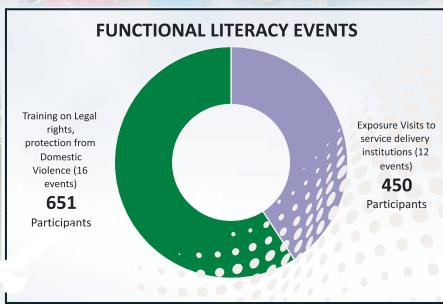
With Teachers and Service Delivery Personnel (51 sessions),

No. of Participants











Winning Them Over Little-By-Little

he journey from threshold to independence was replete with challenges back home for Sadhna of Dharwarkala village, Kasimabad block of Varanasi district. She comes from an economically poor family. Her commitment to contribute to her community, family and self, made her withstand the obstacles posed by her own family: parents and an elder brother who threatened her against getting involved in SAKHI activities. It was her fearlessness and outright commitment that enabled the SAKHI- Purvanchal Gramin Chetna Samiti (PGCS) staff to dispel the apprehensions and objections of her family. It took a visit to the social work centre preceded by several rounds of family visits for Sadhna's family to be convinced of the livelihood prospects she had by joining the tailoring courses under SAKHI. Sadhna's family is now happy that she is part of SAKHI and on the path to economic empowerment from which they too would benefit after the completion of the course.

Fighting out the dogmatic mindset has always been the toughest route of social transformation, even more when it involves changing perceptions on gender inequality. This was overcome by regular family counselling of the parents of 27 school girl drop-out across ten villages of Mohmmad Pur Deomal block of district Bijnor.



The series of community actions, including street plays enabled community mobilisation with appropriate messaging and interaction with families in villages of Lalkuwan tehsil of Haldwani Block in Nainital district. This openness and medium of social messaging brought community members to support SAKHI, and 40 girls enrolled themselves for vocational training.

To augment community actions and win the trust of the people including families, panchayats, schools etc., it was only apt to celebrate the 69th Republic Day to witness the great enthusiasm among the children of Gopalpur Government School and adolescent girls' in Mathura district.

A member of the adolescent girls' collectively hoisted the flag, as the celebration saw 45 girls from Sukhdevpur and Gopalpur villages participate on the occasion, with games and competitions, patriotic singing, dance and skits around girl child education, as envisaged under 'Beti Bacho Beti Padhao Abhiyan'. The occasion invoked respect for national leaders and the hard-won freedom, almost synonymous with the struggles one has to face

to liberate oneself of the shackles of ignorance on account of lack of education, knowledge and equality, thus emphasizing the message of unity. This was made possible against the backdrop of several networking and sensitization meetings undertaken with teachers and community based workers such as health workers and others towards promoting girl child education and development across 10 villages of Mathura district.



Technology; A Game Changer for Adolescents

n this modern era of technology, rural children and youth recognize that digital technology has the potential to boost their prospects for livelihood. However, access, safety and care in this is not free from challenges for children from underprivileged backgrounds.

Km. Shalu, member of 'Saraswati Adolescent Group' of village Nagla, Jamalpur block in Meerut, joined SAKHI as a volunteer. After gaining orientation on SAKHI, she enrolled herself in a three-month Computer Course under the project. Shalu was a hardworking student and a quick learner. She successfully completed the computer fundamental course that covered Windows, MS-Office, Paint, Tally, Internet and Typing etc. This garnered appreciation from her father, who gifted her a computer out of his meager savings. Her hard work and passion yielded fruit, when she took up the job of a computer instructor at a Computer Centre and started earning.

It is such stories that enlivened the spirit of Women's Day 2018 celebrated with great vim and vigor by the Meerut Seva Samaj (MSS). More than 800 women from districts Meerut and Baghpat participated in the programme, themed "Women are oriented towards Progress". The money they are earning by benefiting from SAKHI's vocational skilling courses (tailoring and beautician course) is also being saved in their own personal bank accounts, which is a sign of real financial independence that the Government aims to achieve.

(14)

Increasing Stay in School Concept



nder SAKHI, 'Increasing Stay in School Concept', through peer-to-peer education has been promoted, wherein the adolescents build the awareness of their counterparts on issues of health, early marriage and others through plays and debates. The girls brainstormed for the reasons for girls discontinuing education; they were nonsupportive family environment, lack of safe and functional toilets and facilities in school, dogmas attached to puberty, mindset of girls moving out after marriage and performing marital duties as their ultimate role, peer influence, and eve teasing among the key factors. And when these factors combine with any form of disability, vulnerabilities grow manifold. These issues became the point of deliberation in communities, with parents and school teachers at every meeting. Their vulnerability to violence, health risks, maternal and child mortality for generations to come, if girls are not aware and empowered to make informed decisions, were brought to the fore. Several interactions with the school principal and faculty emphasized ensuring strict policies against sexual abuse and exploitation, training of teachers to ensure gender equality, clean water and safe toilets for girls so feel motivated to attend school.

SAKHI altogether, in Allahabad, has ensured 03 girls receiving scholarships from their school, 18 girls taking TT vaccination, 02 girls getting admission in grade 6 and 02 girls in grade 8; 06 girls getting scholarships at graduation, 03 parents deferring marriages of their daughters. It was gratifying to see a



girl take the initiative of resuming rations by directly talking it out with the shopkeeper.

A case in point is that of Anju, aged 25, one of seven children of a family, of village Khajuri, block Koraon of district Allahabad. Discriminatory perceptions against abilities of people living with disability (PLWD) are more victimizing than the disability itself. However, Anju was blessed with parents who wished her a dignified life with a suitable livelihood. Project SAKHI came as an answer to Anju's desire to stand on her feet and to her parents' prayers. Anju was enrolled at the SAKHI's vocational training center, where she undertook 6-months course on stitching and embroidery. Within a month of completing the training she had started receiving orders at home. This gave wings to her ability! She was also re-enrolled at a school, in grade 10, according to her age. "Seeing my younger siblings go to school, I would only weep over my physical and I lost all hope. But now I won't ever let my physical disability alter my life's goal", says Anju. It was her determination and family support that met with SAKHI to create ripples of joy in her life, revive hope and restore her self-esteem. Unable to stand up physically, she is a tall role model for her community, and reaches out to others living with disabilities. Now married, she is also supported by her spouse in participating in SAKHI's activities to inspire others to become change agents like herself.

A thousand adolescent girls across ten villages of Sant Kabir Nagar, district Khalilabad of Uttar Pradesh, have been rendering support to 60 PLWDs, by engaging with government officials, and facilitating the realisation of various entitlements. Through direct interface and facilitation, girls have been able to forge networks with officials towards enhancing their accountability to the people whilst making the lives of PLWDs easier.

* * *

Health Sakhi; catalysts of community health



aking on another pillar of the project, i.e. sexual and reproductive health, critical for overall wellbeing, 10 girls have received training from ANMs, Anganwadi workers and doctors from Primary Health Centre, in Shrinagar block of Ajmer district. 'Health Sakhis', as identified, are adolescent girl volunteers, trained in basic first-aid administration, nutrition and hygiene, and public health schemes. They reach out to 500 to 600 community members every month rendering support in securing sanitary pads, necessary vaccination and counselling on health issues, family planning and referral to government hospitals and health centres. They also assist Anganwadi workers during vaccination drives and campaigns of Swachh Bharat Mission, thereby strengthening their link with health-care systems. Empowered with practical experience, they are on the path of pursuing careers in community health care towards healthy society. Health Sakhis in Lucknow's 10 villages are engaged in promoting natural family planning through home based counselling for the newlywed.

Likewise, village youth (48 adolescent girls and 20 boys) from Mohammad Pur Deomal block, district Kotwdar participated in the cleanliness drive, organized on the occasion of Gandhi Jayanti, on October 02, 2017 across 5 villages. This move of theirs garnered community support and sent out a strong message on

sanitation and healthy environment good living.

Sex education and awareness of HIV/AIDS have been integrated components under health initiatives, in Dausa, Rajasthan and Gorakhpur, Uttar Pradesh. Here, along with explaining the biological differences, social constructs of they have been discussed and de-constructed to explain equality among boys and girls. Besides, talking of HIV/AIDS, emphasis was laid on its symptoms, causes, treatment and precautions, together with creating a discrimination-free environment for HIV positive people by ousting the myths surrounding co-habitation and socialisation with them. A series of campaigns have been conducted in the villages and the World AIDS Day observed on December 1,2017, in the public school of Dayalpura village in Dausa, under JSKS.





Power Angels





omplete economic empowerment comes from knowing the ownership rights a girl or woman has in her family property, and this is one strong area of gender inequality in the country, since with it are attached notions of masculinity, identity and authority, considered domains of men alone. Under the project, Sampurna Jeevan Vikas Samiti (SJVS) was generated awareness on property rights of girls. Secondly, they were informed about the different forms of cruelty to which women are subjected, and the legal safeguards. The information and orientation imparted has strengthened them in filing first information reports and registering domestic violence.

It was their eloquence and promptness on issues of women empowerment, domestic violence, communal tensions and filing of first information report they gained through interface with lady constables in early January 2018, that encouraged the Gursarai Station Officer, to bestow upon these adolescent girls of Jhansi the title of 'POWER ANGELS'. Conferred with special identification cards, these change agents from the villages have been given direct access to the police stations in bringing untoward incidents to Police's notice and have them registered.

In order to create a supportive environment for girls and women to act freely and in good faith, the elected representatives of Panchayati Raj were also roped in by UKSVK to orient them on the Panchayati Raj Act, their role and responsibilities, women's participation and their role in PRI, concept of modern villages and various government schemes.

* * *





Firm Determination overcame Disability

his is about a physically challenged girl named Anju Kumari D/o Shri. Chote Lal Pal, age 25, living in Khajuri Village, Koraon Block, Allahabad District. Parents were worried and concerned about Anju's

future. Little did they know that one day she would make her parents proud.

Project staff, while implementing the Sakhi project in the area, came to know about Anju and her determination to do something in life. Thus, the staff decided to do something to help her and made efforts to develop her skills and talents & mental abilities by making services and opportunities accessible to her.

The project staff approached the

concerned stakeholders such as teachers, volunteers, gram pradhan, community members etc; to do something for her and successful in arranging vocational training for Anju was brought to the vocational training center and was provided six months' skill training in stitching and embroidery. She took her passion to a new height and successfully completed her skill training. Within one month of completion of the training, she started earning by stitching clothes from home. Her parents too realized their daughter's self-determination.

She was a school dropout but seeing her interest in education she was enrolled in the government school near her village. Anju joined main stream education and with her efforts and eagerness for education she is now in class 10th, and desires to study further. Anju says she will never let her disability change her goal in life and will continue regular education.

Anju has now become a role model for several adolescent girls and has emerged as a winner. She continues to inspire other lives and provides hope to other adolescents and women

with severe disabilities. She assists them in attaining their highest human potential through a basic quality of life. Anju has recently married happily. Her husband accompanies her and motivates her to participate in all the activities of the SAKHI project in Khajuri village.

Anju thanks all who supported, mainly her parents, family members and the SAKHI Project.



SAKHI has stimulated the minds and hearts of the adolescent girl children, and is helping them chart out their own path to empowerment and independence. In this endevaour, the community stakeholders and duty bearers have been coming forth to support the initiatives. As goes the famous African saying, "If you educate a man you educate an individual, but if you educate a woman, you educate a nation", girl's education, both school education and vocational skilling together, can change the world, beginning with her family. And the Northern Regional Forum is committed to bringing about this change by raising changemakers from among the adolescent girls in villages, who can inspire several others wherever they go towards making this planet a safe and healthy place for them to survive and thrive.

Financial Report

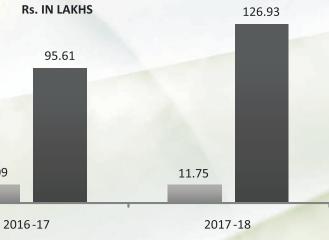


Distribution of staff according to salary				
Salary plus benefits paid to the Staff	Male	Female	TOTAL	
< 5000	0	0	0	
>5001 to 10000	0	0	0	
>10001 to 15000	1	0	1	
>15001 to 30000	2	3	5	
30 <mark>0</mark> 01 above	1	0	1	
Total	4	3	7	

ABRIDGED BALANCE SHEET AS ON 31ST MARCH 2018					
	2017-2018		2016 - 2017		
Particulars	Amount	%	Amount	%	
Assets			- I		
Fix Assets	563745.00	4.40	966262.00	8.75	
Investments	3,981,872.13	31.05	8,677,726.88	78.54	
Current Assets	8,276,911.27	64.55	1,405,018.94	12.72	
Income and Expenditure A/c Balance	0.00	0.00	0.00	0.00	
TOTAL	12822528.40	100.00	11049007.82	100.00	
Liabilities			- 4		
Courpus/ Endowment fund	990406.00	7.72	990406.00	8.96	
Earmarked Funds/Capital fund	10058601.82	78.44	8996129.88	81.42	
Income and Expenditure A/c Balance	1773520.58	13.83	1062471.94	9.62	
TOTAL 12822528.40 100.00 11049007.82 100.00					

5 (.)	35000.00	
Remuneration of three Highest paid staff	27625.00	
	24375.00	
Lowest paid staff	13000.00	

Program v/s Management Cost





12.09

Program

Management

Staff details as on 31st March 2018

Gender	Paid Full Time	Paid Part Time	Paid Consultants	Volunteers
Male	4	0	0	0
Female	3	0	0	0
TOTAL	7	0	0	0



Financial Report

SOURCE OF FUNDS

74.25

90.76

		2016-17 2017-18
	International Sources	
.11		
.65	Indian	19.65
.25	Sources	5.01
.00		
.92 .07	Self Generated Income	6.11
.03		1.11
.67		
.00		
.30	1	
.00		

ABRIDGED INCOME AND EXPENDITURE FOR THE YEAR ENDING 31ST MARCH 2018				
Particulars	2017-2018		2016-2017	
Particulars	Amount	%	Amount	%
INCOME				
Self generated income	660340.68	4.22	722630.86	6.11
Indian sources	784196.00	5.01	2324462.00	19.65
International sources	14196659	90.76	8785050	74.25
TOTAL	15641195.68	100.00	11832142.86	100.00
EXPENDITURE			ii.	
Administration Cost	195739.00	1.41	207209.00	1.92
Grant Transferred to Partners	9706665.00	69.99	6900000.00	64.07
Contribution	403500.00	2.91	0.00	0.00
Programme Cost	1094151.00	7.89	757179.00	7.03
Salary to Staff	1270522.00	9.16	1903500.00	17.67
Traveling Expenses	217957.00	1.57	0.00	0.00
Other	979141.10	7.06	1001782.92	9.30
TOTAL	13867675.10	100.00	10769670.92	100.00
Deficit/Surplus	1773520.58		1062471.94	

Our Diocesan Partners:

Name	Diocese Name & Location	Email ID
Fr. Shibu Diocesan Director	Agra Catholic Diocese Samaj Seva Sanstha (ACDSSS), Agra	dswagra@yahoo.co.in
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Fr. Danty Joseph Diocesan Director	Sampurna Jeevan Vikas Samiti, Udaipur	sjvsbanswara@gmail.com
Fr. Julian Fernando Diocesan Director	Diocese of Varanasi Social Welfare Society, Varanasi	dovsws.vns@gmail.com

Our Board Members:

Name	Address	Designation
Most. Rev. Dr. Albert D'Souza Archbishop of Agra	Agra	President
Fr. K. K. Antony Director - DDWS	Allahabad	Vice-President
Sr. Ranjana JSKS	Dausa	Secretary
Fr. Danty Joseph Director – SJVS, Banswara	Banswara	Treasurer
Fr. Shibu Dirtector—ACDSSS	Agra	Member
Fr. Jerish Director - RCDSSS	Ajmer	Member
Fr. Peter Malithara Director - BDSSC	Kathgodam	Member
Fr. Pious Philip Director – KSSS	Bijnor	Member
Fr. Varghese Director - PGSS	Gorakhpur	Member
Fr. Kishore D'souza Director – JSKS	Dausa	Member
Fr. Johnson Francis Director - JCSS	Jhansi	Member
Fr. Melwin Rodrigues Director - DSWS	Lucknow	Member
Fr. Demasis E. Director – MSS	Meerut	Member
Fr. Gyan Prakash Director – DOVSWS	Varanasi	Member

Capacity Building for Partners:

S. No	Description	Place
1	Training on Climate Change & Global Warming	Agra
2	Regional Bishops Council Meeting	Varanasi
3	Meeting with team members of Weather Risk Management Services (WRMS)	Agra
4	Training on PRI Strengthening	Dausa
5	Workshop on Nutrition & Healthy Cooking	Dausa
6	Indian Catholic Youth Movement (ICYM)	Lucknow
7	Financial Consultation Meeting with Mr. Diogo Ferreira, Financial Consultant, KZE Germany	Agra
8	Training on Legal Literacy / Women Rights & Policies	Gorakhpur



